

**DAVID E. TEITELBAUM, D.O., P.A.**  
**ACUPUNCTURE PROLOTHERAPY OSTEOPATHIC MANIPULATION**  
**BIOIDENTICAL HORMONE REPLACEMENT THERAPY**

4455 Camp Bowie Blvd #214  
Fort Worth, Texas 76107

Phone: (817) 335-4220  
Fax: (817) 335-3171

Name: \_\_\_\_\_

Phone (home): \_\_\_\_\_ Phone (cell): \_\_\_\_\_

Phone at which you would like to receive appointment reminders: \_\_\_\_\_

The only insurance we accept is Medicare. Do you have Medicare? Y / N

Address: \_\_\_\_\_ City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Date of Birth: \_\_\_\_\_ Age: \_\_\_\_\_ Driver's Lic #: \_\_\_\_\_

Sex: M / F Marital Status: S M D W

Occupation: \_\_\_\_\_ Employer Name: \_\_\_\_\_

Who referred you? \_\_\_\_\_ Family Physician: \_\_\_\_\_

Emergency Contact: \_\_\_\_\_ Phone: \_\_\_\_\_

Responsible Party for Billing: \_\_\_\_\_ Phone: \_\_\_\_\_

Address: \_\_\_\_\_ City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

If insurance is in your spouse's name: Name: \_\_\_\_\_

Email: \_\_\_\_\_

Would you like to receive our free monthly E-newsletter? Y / N

I hereby authorize David E. Teitelbaum, D.O. to release any information acquired in the course of my examination and treatment.

I hereby authorize any physician, hospital or medical care facility to provide all information on my medical history and treatment to include xray reports or films to David E. Teitelbaum, D.O.

I hereby authorize David E. Teitelbaum, D.O. to receive the payment directly for the surgical and medical benefits, if any, otherwise payable under the terms of my insurance contract/policy.

I hereby authorize photocopies of this form to be as valid as the originals.

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Patient Signature

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Date

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Authorized Signature

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Date

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Welcome to our practice! Please answer all of the following questions to help us serve you more efficiently.

NAME: \_\_\_\_\_ DATE: \_\_\_\_\_

Please describe each of your main complaints. Include date of onset and what has happened since that time. (Continue on the back of this page if needed.)

[illegible]

If any of your main complaints are work related, auto accident related or injury related, please describe in detail how the accident happened, giving dates, times and events.

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Please list any treatments (including home remedies) and surgeries that you have tried so far. Indicate if they have helped, had no effect on, or worsened your condition.

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Describe any disability that has resulted from your main complaints relative to your work, social life, home life or leisure activities.

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Have you had Xrays, MRI, etc.?    Yes / No

When? \_\_\_\_\_ Where? \_\_\_\_\_

Please list all medications you are currently taking and the reasons for taking them. Include vitamins, aspirin, Tylenol, birth control, laxatives, antacids, etc.

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Please list all allergies: \_\_\_\_\_

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Please list all surgeries with dates:

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After careful consideration, please check all of the following that apply to you:

## **I.**

### **Symptoms:**

- |  |  |  |
|--|--|--|
| <input type="checkbox"/> Eye or vision problems                                | <input type="checkbox"/> Nervous, irritable, short | <input type="checkbox"/> Difficulty sleeping |
| <input type="checkbox"/> Sensitive to bright light,<br>sound, wind, odors      | <input type="checkbox"/> tempered                  | <input type="checkbox"/> Cold hands and feet |
| <input type="checkbox"/> Tension or pain in shoulders,<br>neck, and upper back | <input type="checkbox"/> Headaches                 |  |
|  | <input type="checkbox"/> Migraines                 |  |
|  | <input type="checkbox"/> Weak or brittle nails     |  |

### **Traits:**

- |   |  |
|---|--|
| <input type="checkbox"/> Feel confident, act assertively                      | <input type="checkbox"/> Enjoy being first, best, unique, even outlandish  |
| <input type="checkbox"/> Ambitious and enjoy being competitive                | <input type="checkbox"/> Comfortable directing or leading others           |
| <input type="checkbox"/> Openly discuss my abilities and achievements         | <input type="checkbox"/> Follow my own hunches                             |
| <input type="checkbox"/> Comfortable with challenges, conflict or<br>pressure | <input type="checkbox"/> Feel right, even if others disagree or disapprove |

## **II.**

### **Symptoms:**

- |  |   |   |
|--|---|---|
| <input type="checkbox"/> Anxiety, nervousness, or<br>dread | <input type="checkbox"/> Restless and excitable               | <input type="checkbox"/> Easy blushing                    |
| <input type="checkbox"/> Sensitive to heat and cold        | <input type="checkbox"/> Crave cool drinks and spicy<br>foods | <input type="checkbox"/> Burning sensations               |
| <input type="checkbox"/> Hot flashes                       | <input type="checkbox"/> Sores of mouth and tongue            | <input type="checkbox"/> Heart or circulation<br>problems |

### **Traits:**

- |   |  |
|---|--|
| <input type="checkbox"/> Enjoy the pleasure my senses                   | <input type="checkbox"/> Get involved easily, enjoy being moved<br>emotionally |
| <input type="checkbox"/> Easily know what another thinks and feels      | <input type="checkbox"/> Optimistic and hopeful despite what others may<br>say |
| <input type="checkbox"/> Enjoy physical contact and emotional intimacy  | <input type="checkbox"/> Easily show affection, enthusiasm and<br>excitement   |
| <input type="checkbox"/> Enjoy excitement and stimulation               |  |
| <input type="checkbox"/> Easily share my innermost feelings and desires |  |

## **III.**

### **Symptoms:**

- |  |   |   |
|--|---|---|
| <input type="checkbox"/> Difficult bowel movements     | <input type="checkbox"/> Water retention, puffiness           | <input type="checkbox"/> Ulcers   |
| <input type="checkbox"/> Slow digestion or indigestion | <input type="checkbox"/> Difficulty focusing,<br>distractible | <input type="checkbox"/> Sensation of heaviness in the<br>head, body, and limbs |
| <input type="checkbox"/> Loose stool or diarrhea       | <input type="checkbox"/> Irritable Bowel                      |   |
| <input type="checkbox"/> Frequent gas or bloating      |   |   |

### **Traits:**

- \_\_\_ Agreeable and accommodating
- \_\_\_ Nurturing and supportive, putting others needs first
- \_\_\_ Enjoy frequent socializing with friends and family
- \_\_\_ Enjoy being relied upon for reassurance and help

- \_\_\_ Involved in other people's lives
- \_\_\_ Like to create a comfortable environment for others
- \_\_\_ Loyal and accessible to friends, family, and co-workers
- \_\_\_ Like getting close and being needed

#### **IV.**

##### **Symptoms:**

- |                                  |                            |                             |
|----------------------------------|----------------------------|-----------------------------|
| ___ Coughing, sneezing           | ___ Frequent phlegm        | ___ Dryness or tightness of |
| ___ Respiratory allergies        | ___ Shortness of breath or | mucous membranes or skin    |
| ___ Runny nose or stuffy sinuses | wheezing from exertion     | ___ Skin rashes, eczema, or |
| ___ Frequent or lingering colds, | ___ Asthma                 | hives                       |
| coughs, sore throat              | ___ Bronchitis             | ___ Skin growths, acne      |
| ___ Thyroid problems             |                            |                             |

##### **Traits:**

- |  |   |
|--|---|
| ___ Prefer a neat and orderly lifestyle                    | ___ Willing to accept the authority of those with more competence |
| ___ Committed to high moral principles and conduct         | ___ Enjoy solving puzzles and mysteries                           |
| ___ Meticulous, tasteful and discriminating                | ___ Virtue and principle before pleasure and fulfillment          |
| ___ Self-contained, not overly involved in others' affairs | ___ Like things to run calmly and smoothly                        |

#### **V.**

##### **Symptoms:**

- |                                     |  |                                   |
|-------------------------------------|--|-----------------------------------|
| ___ Ear or hearing problems         | ___ Kidney or bladder problems, infections | ___ Lack of stamina and endurance |
| ___ Dark rings under eyes           | ___ Stiffness of spine and joints          | ___ Need to sleep a lot           |
| ___ Diminished libido               | ___ Recurring low back pain                | ___ Apathy, low motivation        |
| ___ Frequent or difficult urination | ___ Hair loss or premature graying         | ___ Mental dullness               |

##### **Traits:**

- |  |   |
|--|---|
| ___ Cautious and sensible                                  | ___ Excited by intellectual pursuits            |
| ___ Particularly enjoy solitude                            | ___ Careful about what I reveal to other people |
| ___ Tend to keep feelings, thoughts and opinions to myself | ___ Preferably self-sufficient and independent  |
| ___ Don't mind being considered unusual or eccentric       | ___ Cherishing privacy and a few good friends   |



DATE: \_\_\_\_\_ NAME: \_\_\_\_\_

## PAIN DRAWING GRID ASSESSMENT

Draw the location of your pain on the body outlines and mark how bad it is on the pain line at the bottom of the page.

ACHE

////  
///

BURNING

BBB  
BBB

NUMBNESS

XXXX  
XX

PINS & NEEDLES

= = =  
= = =

STABBING

ZZZ  
ZZZ

OTHER

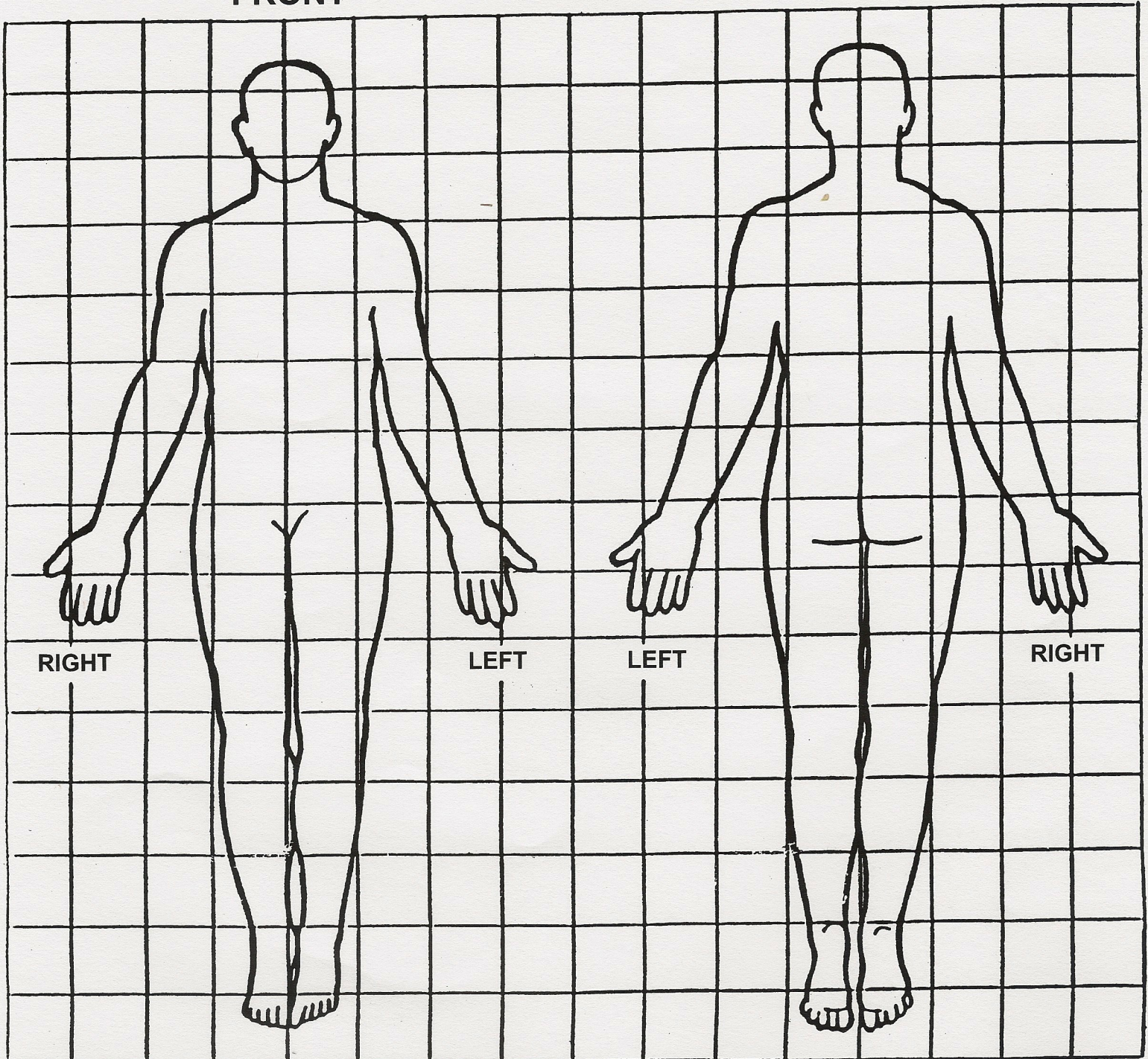
OOOO  
OOOO

Percentage of pain in back \_\_\_\_\_

Percentage of pain in legs \_\_\_\_\_

FRONT

BACK



NO PAIN \_\_\_\_\_ 1 2 3 4 5 6 7 8 9 10 \_\_\_\_\_ INTOLERABLE PAIN

(CIRCLE YOUR PAIN ESTIMATE)

CAMP



Describe any other serious illnesses you have had in the past 2 years not already listed with your main complaints:

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Do you have any worries (legal, financial, personal) that might be affecting your health?

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Do you have a source of spiritual strength that you turn to in times of trouble?

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Do you exercise regularly? Yes / No      How?      How often?

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Do you sleep well? Yes / No      Do you awaken refreshed? Yes / No

Do you have a history of drug, alcohol, or substance abuse? Yes / No      Describe:

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Do you drink alcoholic beverages? Yes / No      Amount per week: \_\_\_\_\_

Number of sodas per week: Diet \_\_\_\_\_ Regular \_\_\_\_\_

Do you now, or have you ever smoked? Yes / No      How many years? \_\_\_\_\_

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**OUR OFFICE POLICIES**

Please complete and sign all of our forms and bring them with you to your appointment. We would appreciate your arrival 20 minutes prior to your appointment to give us sufficient time to process all of your information.

**INSURANCE:**

NOTE: Our office does not file insurance on group or private plans. We do, however, provide you with a superbill which you may use to file for reimbursement with your insurance carrier.

NOTE: We do accept and file Medicare claims and Medicare secondary insurances only. Remember to bring your Medicare card and your Medicare supplemental insurance cards. If you have Medicare, it is your responsibility to pay for any deductible amount, co-insurance, non-covered services, or any other balance not paid by your insurance company.

To keep our fees as low as possible, it is our policy to collect for services at the end of each appointment, unless you have Medicare. For your convenience, we accept payment by Mastercard, Visa, and Discover, American Express and personal checks. We do not accept post-dated checks.

Medical insurance usually reimburses well for office visits and Osteopathic manipulative treatments. Reimbursement for Acupuncture, Prolotherapy, and Spinal Decompression varies widely.

**MISSED APPOINTMENTS:**

Please recognize that an appointment cancelled at the last minute results in a lost opportunity for another patient to see us. We therefore require 24 hours advanced notice for cancellation. Patients who do not cancel an appointment 24 hours in advance will be billed for the entire amount of that appointment. Exceptions will be made for emergency situations.

I have read the above and understand Dr. Teitelbaum's office policies.

Signed: \_\_\_\_\_ Date: \_\_\_\_\_